



You Put WHAT In My Mouth? Seven Steps to Dental Health

Come celebrate the launching of the Second Edition of *7 Steps to Dental Health*. The author and his medical contributors will be present to discuss the dental health and answer your questions and concerns.

We go to the dentist and trust that as a professional he/she will look out for our health. There are many ways his/her dentistry can harm your body with hidden toxins, electric currents and low grade infections that can spread throughout the body. Some dental procedures can cause health problems as diverse as Parkinson's to Diabetes (among many). Most dentists do not have any issue putting mercury filling in your mouth but will think twice about eating a fish with mercury.

Make yourself knowledgeable so you can avoid the pitfalls and make better choices for yourself and your family. We will explore "Causes of Poor Dental Health" and daily dental hygiene routine to maintain a good dental health.

	Max Haroon The author, social entrepreneur		Dr. Oksana M. Sawiak Dentist (Retired), the co- author of the book		Dr. Eric Grief Physician, Integrative health, a contributor of the book
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Date & Time

Wednesday, September 17, 2014 at 6:30 pm.

Venue

Canadian Academy of Therapeutic Arts (CATA)

120 Newkirk Road (at Crosby, Crosby is off Yonge St.), Unit # 12, Richmond Hill, ON L4C 9S7

If travelling from Toronto, take VIVA BLUE bus from Finch Station and get off at Crosby Street.

Your Investment in Health

\$10. Bring your business card for door prizes.

The book will be available at a special price of \$20 (available at the Amazon.ca for \$42.79)



Registration

Please register at <http://2014sep17.eventbrite.ca> (you do not have to pay online)

This is part of a monthly holistic health education by the Life Transformation Institute <http://life-transformation-institute.org/> in conjunction with other groups and sponsors.

If you have any questions or comments, please do not hesitate to contact:
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